



Moving Water Level 2	
<p>Moving Water Level 2 represents skill development within the Moving Water discipline and provides the candidate with the opportunity to improve his/her moving water skills under more challenging Class II-III water (rapids). Canoeists taking this course should have considerable paddling experience beyond the Moving Water Level 1 Course.</p>	
Overview Of Moving Water Level 2	
Prerequisites	
<p>ORCKA Moving Water Level 1 (tandem and solo) or River Running Level 1 (tandem and solo), Basic Canoeing Level 4, equivalent certification or comparable skills and (with the permission of the course Director).</p>	
Minimum Course Length	
<p>Moving Water Level 2 – 32 hours (tandem and solo) Moving Water Level 2A – 16 hours (tandem) Moving Water Level 2B - 16 hours (solo)</p>	
<p style="text-align: center;">Safety</p> <p style="text-align: center;">Swimming a rapid Retrieving a swamped canoe Canoe rescues Communications</p> <p style="text-align: center;">Theory</p> <p style="text-align: center;">Canoeing history Canoe design and construction Paddler dynamics River reading River difficulty</p>	<p style="text-align: center;">Skills</p> <p style="text-align: center;">Review of previous skill items Eddy Turn Peel Out S turn Front ferry Back ferry Jet ferry Side slip Front surf</p>