



Canadian Style Paddling Level 3 (tandem and solo)	
<p>Canadian Style Paddling Level 3 represents the highest paddling skill level within the Canadian Style Paddling discipline. The emphasis is on solo paddling with a high degree of precision and control. Candidates should enter this level with a fair degree of canoeing skill focusing on solo paddling experience.</p>	
Overview Of Canadian Style Paddling Level 3 (tandem and solo)	
Prerequisites	
<p>ORCKA Canadian Style Paddling Level 2, equivalent certification or comparable skills and experience (with the permission of the course Director).</p>	
Minimum Course Length	
24 hours	
<p style="text-align: center;">Safety</p> <ul style="list-style-type: none"> Review of previous safety items Swimming Canoe over canoe rescue Self rescue Reaching assist and throw line <p style="text-align: center;">Theory</p> <ul style="list-style-type: none"> Review of previous theory items Canoeing history Canoe design and construction Canoe repair and maintenance 	<p style="text-align: center;">Skills</p> <ul style="list-style-type: none"> Review of previous skills items Pivot Circles Reverse and forward straight lines Sideward displacement Variations on core skills Advanced manoeuvres and routines Paddling in groups Portaging Triangle course in wind