

MOVING WATER KAYAKING LEVEL 2

One may proceed through the skill levels and not participate in the instructor levels

The Moving Water Kayaking Level 2 Course provides the participant with the opportunity to improve his/her moving water skills under more challenging Class II-III water (rapids). This course will cover rescuing other kayakers and running a section of a river with Class II-III rapids.

OVERVIEW OF LEVEL 2

Prerequisites

ORCKA Moving Water Kayaking Level 1, equivalent certification or comparable skills and experience (with the permission of the Course Director)

Minimum Course Length

36 hours (4 days minimum).

Course Conditions

Class II-III water

Course Location

The river location(s) being used for the Course must have sufficient eddies and other calm water to provide a safe learning environment. A section of the river with Class II-III rapids is also needed for the river running focus of the course.

Safety

- Safety review
- Swimming a rapid
- Rescue of a swimmer
- Recovery of a kayak
- Peer rescue
- Unassisted roll rescue
- Throw bag rescue
- Advanced rescues
- Communications

Skills

- Controlling the kayak
- Crossing the eddy line
- Front ferry
- Jet ferry
- Side slip
- Front surf
- Side surf
- Advanced manoeuvres *

Theory

- Kayak design and construction
- Equipment maintenance and repair
- Kayaking history
- River morphology
- River reading
- Rescue and recovery dangers
- Risk and crisis management

River Running

- Day trip planning
- Running a shuttle
- Kayak trip

* non-test item