

KAYAK TRIPPING LEVEL 1

One may proceed through the skill levels and not participate in the instructor levels

Kayak Tripping Level 1 provides an introduction to kayak tripping for those with little or no tripping experience. Emphasis is on wilderness kayak camping skills and safety. Upon completion of Kayak Tripping Level 1, the successful participant should have the knowledge, skills and confidence to plan and execute overnight and short multi-night trips with other equally qualified kayakers in conditions similar to those of the course location.

OVERVIEW OF KAYAK TRIPPING LEVEL 1

Prerequisites

ORCKA Flatwater Kayaking or Flatwater Kayaking Level B, equivalent certification or comparable skills and experience (with the permission of the Course Director)

Minimum Course Length

8 hours of instruction over a minimum of 3 days including the two-night trip.

Kayak Type

A suitable kayak for this course must be able to carry adequate cargo within the kayak for an overnight or multi-night trip at least one sealed bulkhead and a closed cockpit.

Course Conditions

Sheltered to Moderate. Wind – Calm to < 29 km/h in protected inland waters (to 18 km/h in offshore conditions in large bodies of water such as Great Lakes or similar). Sea state – < 0.5 m waves to 1 m waves in protected inland waters (rippled to 0.6 m waves in offshore conditions in large bodies of water such as Great Lakes or similar).

Course Location

Moderate. Moderately exposed coastline with easy landing conditions readily available.

Safety

- Safety review
- Rescue of a swimmer
- Towing rescue
- Recovery of a kayak
- Peer rescue
- Assisted roll rescue
- Unassisted roll rescue
- Communications

Skills

- Launching and removing kayak
- Kayaking
- Packing
- Food and menu planning
- Campsites and shelters
- Fires and stoves
- Ropes and knots

Theory

- Kayak design and construction
- Clothing and personal effects
- Kayaking first aid
- Repair kit
- Weather
- Environmental practices and concerns
- Kayaking tripping resources

Touring

- Trip planning
- Personal risk management
- Kayak tripping gear
- Navigation
- Kayak trip

OVERVIEW OF KAYAK TRIPPING LEVEL 1A

Prerequisites

ORCKA Flatwater or Flatwater Kayaking Level B, equivalent certification or comparable skills and experience (with the permission of the Course Director)

Minimum Course Length

4 to 6 hours plus overnight trip.

Safety

- Safety review
- Rescue of a swimmer
- Peer rescue
- Assisted roll
- Communications

Skills

- Launching and removing kayak
- Kayaking
- Packing
- Campsites and shelters
- Ropes and knots

Theory

- Clothing and personal effects
- Kayaking first aid
- Weather
- Environmental practices and concerns

Touring

- Trip planning
- Personal risk management
- Navigation
- Kayak trip

OVERVIEW OF KAYAK TRIPPING LEVEL 1B

Prerequisites

ORCKA Kayak Tripping Level 1A

Minimum Course Length

4 to 6 hours plus overnight trip.

Safety

- Towing rescue
- Recovery of a kayak
- Peer rescue
- Unassisted roll

Skills

- Kayaking
- Food and menu planning
- Navigation
- Fires and stoves
- Kayak trip

Theory

- Kayak design and construction
- Kayaking first aid
- Repair kit
- Weather
- Kayak tripping resources

Touring

- Trip planning
- Personal risk management
- Kayaking tripping gear
- Navigation
- Kayak trip