



## **Pre-requisites for ORCKA Canoeing Instructor 1 Courses**

### **Canadian Style Paddling Instructor 1**

1. At least 18 years of age.
2. Current ORCKA member.
3. ORCKA Canadian Style Paddling Level 2 (Tandem and Solo).
4. ORCKA Basic Canoeing Instructor, equivalent certification or comparable skills and experience (with permission of the Course Director).
5. It is strongly recommended that all Canadian Style Paddling Instructors 1 have, in addition to their canoeing qualifications, some qualifications in Swimming, First Aid and CPR.

### **Moving Water Instructor 1**

1. At least 18 years of age.
2. Current ORCKA member.
3. ORCKA Moving Water Level 2 (Tandem and Solo).
4. It is strongly recommended that all Moving Water Instructors 1 have, in addition to their canoeing qualifications, some qualifications in Swimming, First Aid and CPR.

### **River Running Instructor 1**

1. At least 18 years of age.
2. Current ORCKA member.
3. ORCKA River Running Level 2 (Tandem and Solo).
5. It is strongly recommended that all Moving Water Instructors 1 have, in addition to their canoeing qualifications, some qualifications in Swimming, First Aid and CPR.



### **Canoe Tripping Instructor 1**

1. At least 18 years of age.
2. Current ORCKA membership.
3. ORCKA Canadian Style Paddling Level 1 A (tandem).
4. ORCKA River Running Level 1A or Moving Water Level 1A.
5. ORCKA Canoe Tripping Level 3.
6. ORCKA Basic Canoeing Instructor, equivalent certification or comparable skills and experience (with permission of the Course Director).
7. Minimum of five (5) years of canoe tripping activities.
  - (a) Log of canoe tripping leadership or shared leadership for a minimum of 50 nights and 1000 kilometres.
  - (b) Log of canoe tripping experience to include one, two or three canoe trips in isolated wilderness areas, totalling at least 20 days and covering at least 400 kilometres. One must be of 9 days in length.
8. It is strongly recommended that all Canoe Tripping Instructors 1 have, in addition to their canoeing qualifications, some qualification in Swimming, First Aid and CPR.

#### **Note:**

Prerequisites of all prospective candidates will be authorized by the Chair of Instructor Courses. Please submit for authorization to be completed at least two weeks prior to the course.

For current ORCKA Instructors in another discipline Instructor 1 Courses will be 16 hours/2 days. If not an ORCKA Instructor in another discipline Instructor 1 Courses will be 32 hours/4 days.